

SACRED HEART SR. SEC. SCHOOL, B.R.S NAGAR, LUDHIANA
HOLIDAYS HOMEWORK
JUNE 2025
CLASS: XI (HUMANITIES)

ENGLISH

Project Work: 10 marks for Mid Term and Final Exams

Viva will be conducted from the same project for 5 marks

Project file to be prepared.

12- 15 pages in a spiral file

Title Page: Name of the School

Session :2025-26

English Core

Theme of the Project (**Theme to be taken from any of the chapters/poems from the curriculum of Text books: Hornbill & Snapshots**)

Name of the chapter

Name, Class & section, Roll no.

Name of the subject teacher

Page 2: Certificate of completion

Page 3: Objective of the project

Page 4: Action plan

Pages 5-10: Interview-Based research/ /Script of One act play/ Essay/ Research based report (800-1000 words essay/Script/Report)

Pages 11-12: Relation with the Chapter/ Poem

Page 13: Student reflections

Page 14: Bibliography

If possible, Photographs that capture the positive learning experiences of the student(s).

Suggestions for Project Work:

1. The Project can be inter-disciplinary in theme. The ideas/issues highlighted in the chapters/ poems/ drama given the prescribed books can also be developed in the form of a project. Students can also take up any relevant and age-appropriate theme.
2. Such topics may be taken up that provide students with opportunities for listening and speaking.

GEOGRAPHY

Practical file is to be done as instructed.

Practice on the map of world and India –All continents, oceans, countries and Indian states and UTs and their capital cities.

POLITICAL SCIENCE

Make Project as prescribed by CBSE.

Topics: -

1. Making of the constitution
2. Elections in India
3. Working of the Indian judiciary system
4. Social Justice: Are ethics followed in Indian Politics
5. Human Rights Act and its gratification in India

Parameters will be shared in the group for the project file.

ECONOMICS

1. Brain teasers (Competency based questions) of chapter 2 (Consumer's Equilibrium) of micro economics
2. Students will solve on single line sheets and class test will be taken after reopening of School.

PHYSICAL EDUCATION

Practical -1. Fitness Tests administration (SAI Khelo India Test)

Practical -2. Badminton – History, Fundamental Skills, terminology and Labelled diagram of play field.

Practical -3. Three Yoga Asanas with procedure, benefits, and diagrams.

Practical -4. First Aid Box

Project Files – Write 10 pages on A 4 Size sheets IPL 2025.

INFORMATICS PRACTICES

1. Code the programs in Python IDLE from the list of programs given in class.
2. Programs should then be written in class work copy and submitted on the reopening day.

BANKING

1. Brain teasers of unit 1- Introduction to banking and Basic Functions of Banker
2. It is to be solved on single line sheets.
3. Submission in the first week of July

YOGA

Kindly complete the following work in your Yoga practical files:-

—Start by writing definition of yoga and making a flow chart of basic types of asanas along with some examples (just names) given on page 26 of practical file. Use your book for writing the examples which are in your syllabus.

—Then you have to write Yoga for weight loss given on page 58 and 59 of your practical file.

REMEMBER TO WRITE IN EASY LANGUAGE AS YOU WILL BE LEARNING WHAT YOU HAVE WRITTEN AND VIVA WILL BE ASKED FROM THERE ITSELF IN CLASS 12 AS WELL. ALSO KEEP IN MIND THE EXAMPLES WHICH YOU WILL BE WRITING YOU SHOULD BE ABLE TO DO THEM. AS THE PERSON WHO IS TAKING PRACTICAL MAY ASK YOU TO DO IT.

All the students have to make Project on Yoga introduction and Patanjali Yoga sutra.

-The project should be of 10-12 pages and a cover page should also be made for the same.

-Submit it after vacations in stick folder

-Remember your yoga practical is of 50 marks and the practical file is of 15 marks and project of 10 marks and 5 marks for viva

FINE ARTS

NOTE: Following topics should be done on A3 size Art file.

APPLIED ART

1. Pen Art (Size 22cm X 30cm)
2. Calligraphy on 4 different pages– Capital & Small letters of English, Devnagri & Numerals (Size 22cm X 30cm)
3. Product - Black & White (Size 22cm X 30cm)
4. Visiting card (Size of actual visiting card)
5. Logo (Size 22cm X 30cm)
6. Textures (Size 22cm X 30cm)

PAINTING

1. Make any kind of simple 15 sketches in your art file (Any medium)

PSYCHOLOGY

Analysis of a Psychological Test

Aim: To develop students' understanding of psychological testing by engaging them in the practical analysis of a psychological test, enhancing their critical thinking, interpretation skills, and application of psychological concepts in real-life contexts.

Note: Soft copy of the psychological test with its manual will shared in the WhatsApp group.

Format for the project work will be as follows:

1. Title Page

- Project Title: Analysis of a Psychological Test (Ravens Progressive Matrices Test)
- Name of Student:
- Class/Section:
- Roll Number:
- Submitted To:
- Date of Submission:

2. Introduction (3-4 sheets)

- Briefly introduce what psychological tests are.
- Explain the importance of analyzing a test.

3. Description of the Test (2 sheets)

- Name of the Test:
- Author/Developer:
- Year of Development:
- Purpose of the Test: (What does it aim to measure?)

4. Test Format (3-4 sheets)

- Number of Items:
- Type of Items: (e.g., multiple choice, Likert scale, true/false)
- Type of Test: - Verbal / Non-verbal / Performance; Individual / Group; Speed / Power / Mixed

5. Administration (4-5 sheets)

- How is the test administered?
- Instructions given to the test taker
- Time required for completion

6. Scoring and Interpretation (2-3 sheets)

- Scoring Method: (Manual / Computerized / Self-scored)
- Interpretation of Scores: (What do the scores mean?)

7. Psychometric Properties (2-3 sheets)

- Reliability: (e.g., test-retest, internal consistency)
- Validity: (e.g., content, construct, criterion-related)
- Norms: (On which population was the test standardized?)

8. Conclusion (1-2 sheets)

- Summary of key findings from the analysis

9. References

- List all sources used (textbooks, test manuals, research articles, websites)

MASS MEDIA

Instructions:

This holiday homework is practical and designed to introduce you to basic media skills.

Use A4 sheets or a notebook and submit in a well-labelled file.

Focus on neatness, creativity, and honest effort.

Include drawings, printed images, or screenshots wherever possible.

Internal marks will be given for timely and complete submission.

Holiday Homework Tasks:

1. My Media Day:

Write about your typical day with media. Which media do you use? (TV, phone, newspaper, social media). How many hours? What do you enjoy watching or reading? Write 5-6 sentences.

2. Draw Your Favorite Advertisement:

Draw or paste a picture of your favorite ad (product or social cause). Write one line on why you like it.

3. Make a Simple Poster:

Create a poster that says "Say No to Fake News" or "Be Smart, Check Before You Share." Use colors and drawings.

4. Cut and Paste:

From any newspaper or magazine, cut out 3 headlines and 3 ads. Paste them on a sheet and write one sentence each on what you understood.

5. Write a Short Paragraph:

Write 50-70 words on "What is Media?" in your own words.

6. Create a Social Media Post Idea:

Write a short message (1-2 sentences) to raise awareness about cleanliness or any simple social cause.

7. Media Words Glossary:

Make a list of 5 new media-related words you learned this month (like news, media, ad, headline).

Write their meanings in simple words.