

SACRED HEART SR. SEC. SCHOOL

Bhai Randhir Singh Nagar, Ludhiana

Syllabus for Class-VI

Session 2022-2023

FOREWORD

Sacred Heart School firmly believes in the divine light of knowledge. We strive sincerely to follow the path of "Learn and Enlighten" which is the maxim of our school. We offer a curriculum which blends academic excellence with a holistic approach aiming at developing a strong foundation and individual growth. Our school aims at facilitating learning, guiding, developing skills conforming to social expectations and building balanced personalities. Keeping in view the above mentioned standards and abiding by the regulations laid down by CBSE, our school is designed to provide academic challenge within a stimulating and exciting environment. This understanding based approach enables students to make significant academic progress. A unique assignment and testing system has been developed in school at all levels which equips our students to face the more complex and demanding 'real world' of the 21st century.

ENGLISH

TERM - I

March

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|--------------------------------|-------------------------|
| Enrichment reader | L-1 The Fall Of Icarus |
| Writing | Application |
| Grammar and Composition Skills | Ch-1 Kinds of sentences |
| New Images (Classbook) | L- 1 Ruby Bridges |
| Reading | Comprehension |

April

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| Enrichment Reader | L-2 I Keep Six Honest Serving Men |
| New Images (Classbook) | L-2 Young Poets |
| | L-3 The Unstoppable Queen of Boxing: MC Mary Kom |
| Grammar and Composition Skills | Ch-2 Subject and Predicate |
| | Ch-3 Formation of Interrogatives |
| | Ch-4 Kinds of Nouns |
| Writing | Paragraph Writing |
| | Notice |
| Reading | Comprehension |

May

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|--------------------------------|-------------------------------|
| Enrichment Reader | L-3 The Story Of Henry Jekyll |
| New Images (Classbook) | L-4 If You Think |
| | L- 5 Mr Toad's Adventure |
| Grammar and Composition Skills | Ch- 5 Nouns : Number |
| | Ch- 6 Nouns : Gender |
| | Ch- 7 Pronouns |
| Writing | Story Writing |
| Reading | Comprehension |

MAY – JUNE PERIODIC TEST

July

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| Enrichment Reader | L-4 Adrift! A Little Boat Adrift! |
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|--------------------------------|-----------------------------|
| New Images (Classbook) | L-6 In Morning Dew |
| | L-7 The Fun They Had |
| Grammar and Composition Skills | Ch- 8 Adjectives |
| | Ch- 9 Degrees of Comparison |
| | Ch- 10 Order of Adjectives |
| | Ch- 11 Articles |
| Writing | Story Writing |
| | Informal Letter |
| Reading | Comprehension |

Practice of Listening Skill

Practice of Speaking Skill

August

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|--------------------------------|--|
| Enrichment. Reader | L -5 Scrooge Celebrates Christmas |
| New Images (Classbook) | L-8 From a Railways Carriage |
| Grammar and Composition Skills | Ch-13 Simple Tense : |
| | Present, Past, Future |
| | Ch- 14 Continuous Tense : Present, Past, Future |
| | Ch- 15 Perfect Tense : Present, Past, Future |
| | Ch- 16 Future Perfect Tense (Error Correction based on grammar topics) |
| Editing | Comprehension |
| Reading | Article Writing |
| Writing | |

Speaking/Listening skills to be conducted

September Revision and Half Yearly Exams

TERM - II

October

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| Enrichment Reader | L -6 You Are Old, Father William |
| New Images (Classbook) | L-9 Shivaji's Miraculous Escape |
| | L-10 The Lost Child |

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| Grammar and Composition Skills | Ch-12 Verbs, Modals And Auxiliaries Ch- 17 Verbs: Transitive and Intransitive Ch-18 Active and Passive Voice Ch- 19 Subject Verb Agreement |
| Writing | Diary Entry |
| Reading | Comprehension |

Practice of Listening Skill

Practice of Speaking Skill

November

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|--------------------------------|---|
| Enrichment Reader | L-7 The Haircut L-8 Eidgah |
| New Images (Classbook) | L- 11 Wandering Singers L- 12 At Tagore's Shantiniketan |
| Grammar and Composition Skills | Ch- 20 Adverbs Ch- 21 Position and Comparison of Adverbs Ch- 22 Prepositions Ch- 23 Conjunctions |
| Writing | Story Writing (revision) |
| Reading | Comprehension |

December

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|--------------------------------|--|
| Enrichment Reader | L-9 Daffodils |
| New Images (Classbook) | L- 13 The Heart of the Tree L-14 The Fir Tree |
| Grammar and Composition Skills | Ch- 24 Interjections Ch-25 Punctuation Ch-26 Transformation of Sentences |
| Writing | Article Writing (revision) |
| Reading | Comprehension |

Speaking/Listening skills to be conducted

DECEMBER – PERIODIC TEST

January

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|--------------------------------|--|
| Enrichment Reader | L-10 The Chocolate Cream Soldier |
| New Images (Classbook) | L- 15 The Ransom of the Red Chief |
| Grammar and Composition Skills | Ch- 27 Direct & Indirect Speech Ch- 28 Phrases Ch- 29 Types of Phrases |
| Editing | (Omissions based on grammar topics) |
| Writing | Diary Entry (revision) |
| Reading | Comprehension |

February Revision & Final Examination

* Dictation and Reading will be part of internal assessment activity

HINDI

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| प्रस्तावित पुस्तकें : | 1. वसंत भाग-1 2. सहज हिंदी व्याकरण-6 |
| मार्च-अप्रैल पाठ | बचपन, नादान दोस्त |
| कविता | वह चिड़िया जो |
| व्याकरण | वर्ण विचार (पृष्ठ 15) पर्यायवाची (1-20) (पृष्ठ 30), विलोम (1-25) (पृष्ठ 33), प्रार्थना पत्र। |
| मई पाठ | अक्षरों का महत्त्व |
| कविता | चाँद से थोड़ी-सी गप्पें |
| व्याकरण | अनेक शब्दों के लिए एक शब्द (1-20) (पृष्ठ 36-37), भाववाचक संज्ञा (मानव-आप) (पृष्ठ 64), लिंग बदलो |

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| | | (ਦਾਦਾ-ਬਾਬੂ) (ਪ੍ਰਥਮ 69), ਕਾਰਕ, ਦੀਰਘ ਸੰਖਿ (ਪ੍ਰਥਮ 19), ਅਪਠਿਤ ਗਢਾਂਸ਼, ਅਨੁਚੇਦ ਗ੍ਰੀਸ਼ਮਾਵਕਾਸ਼ ਗ੍ਰਿਹਕਾਰਯ। |
| ਜੂਨ | ਪਾਠ | ਪਾਰ ਨਜ਼ਰ ਕੇ |
| ਜੁਲਾਈ | ਕਵਿਤਾ | ਸਾਥੀ ਹਾਥ ਬਢਾਨਾ |
| | ਵਿਆਕਰਣ | ਵਚਨ (ਸਭਕ-ਬਾਥਾ) (ਪ੍ਰਥਮ 74), ਸਰਵਨਾਮ, ਨਿਜੀ ਪਤ੍ਰ, ਵਾਕਯ ਸ਼ੁਢ੍ਰਥਿ, ਸੰਵਾਦ, ਅਨੁਚੇਦ। |
| ਅਗਸਤ | ਪਾਠ | ਟਿਕਟ ਅਲਬਮ, ਏਸੇ-ਏਸੇ |
| | ਵਿਆਕਰਣ | ਵਿਸ਼ੇਸ਼ਣ, ਕ੍ਰਿਯਾ, ਸ਼ੁਢ੍ਰਥ-ਅਸ਼ੁਢ੍ਰਥ (ਪ੍ਰਥਮ 131) (ਅਧੀਨ-ਸੁਧਰੰ), ਸੁਹਾਵਰੇ (1-15) (ਪ੍ਰਥਮ 143), ਅਨੁਚੇਦ। |
| ਸਿਤੰਬਰ | ਪੁਨਰਾਵ੍ਰਤਿ ਵ ਪ੍ਰਥਮ ਸਤ੍ਰ ਪਰੀਕਸ਼ਾ | |
| ਅਕਤੂਬਰ | ਪਾਠ | ਜੋ ਦੇਖਕਰ ਭੀ ਨਹੀਂ ਦੇਖਤੇ, ਸੰਸਾਰ ਪੁਸਤਕ ਹੈ। |
| | ਕਵਿਤਾ | ਝਾਂਸੀ ਕੀ ਰਾਨੀ |
| | ਵਿਆਕਰਣ | ਵਾਕਯ ਕੇ ਅੰਗ, ਕ੍ਰਿਯਾ ਵਿਸ਼ੇਸ਼ਣ, ਸਮੁਚ੍ਧਯਬੋਧਕ, ਵਿਰਾਮ ਚਿਹ੍ਨ, ਅਨੁਚੇਦ |
| ਨਵੰਬਰ | ਪਾਠ | ਲੋਕਗੀਤ |
| | ਕਵਿਤਾ | ਮੈਂ ਸਬਸੇ ਛੋਟੀ ਹੋਊਂ |
| | ਵਿਆਕਰਣ | ਵਿਸਮਯਾਦਿਬੋਧਕ, ਪਰਯਾਯਵਾਚੀ (ਪ੍ਰਥਮ 21-40), ਲਿੰਗ ਬਦਲੋ (ਪ੍ਰਥਮ 106), ਕਾਲ, ਸ਼ਿਕਾਯਤੀ ਪਤ੍ਰ, ਨਾਰਾ ਲੇਖਨ। |
| ਦਿਸੰਬਰ | ਪਾਠ | ਨੌਕਰ |
| | ਕਵਿਤਾ | ਵਨ ਕੇ ਮਾਰਗ ਮੈਂ |
| | ਵਿਆਕਰਣ | ਵਿਲੋਮ (26-50) (ਪ੍ਰਥਮ 33), ਲਿੰਗ (ਨੌਕਰ-ਗੁਣਵਾਨ) (ਪ੍ਰਥਮ 70), ਵਚਨ (ਸਖੀ-ਯੁਵਾ) (74-75), ਅਪਠਿਤ ਗਢਾਂਸ਼। |
| ਜਨਵਰੀ | ਪਾਠ | ਸਾਂਸ ਸਾਂਸ ਮੈਂ ਬਾਂਸ |
| | ਵਿਆਕਰਣ | ਅਨੇਕ ਸ਼ਬਦਾਂ ਕੇ ਲਿਓ ਏਕ ਸ਼ਬਦ (21-40) (ਪ੍ਰਥਮ 37), ਚਿਤ੍ਰ ਵਰਨ, ਸੁਹਾਵਰੇ (16-25) (ਕੇਵਲ ਅਰਥ) (ਪ੍ਰਥਮ 144), ਅਨੁਚੇਦ। |
| ਫਰਵਰੀ | ਪੁਨਰਾਵ੍ਰਤਿ | |
| ਮਾਰਚ | ਵਾਰ्षਿਕ ਪਰੀਕਸ਼ਾ। | |

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| | PUNJABI |
| ਪੁਸਤਕਾਂ | 1. ਮਾਂ ਬੋਲੀ ਪੰਜਾਬੀ ਪਾਠ ਮਾਲਾ-4 2. ਸ਼੍ਰੇਸ਼ਟ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ -3 |
| | ਅਪ੍ਰੈਲ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-1 ਪਿਆਰਾ ਭਾਰਤ ਪਾਠ-2 ਦਿਆਲਤਾ |
| ਵਿਆਕਰਨ | ਪਾਠ-1 ਭਾਸ਼ਾ, ਲਿਪੀ ਅਤੇ ਵਿਆਕਰਨ |
| ਵਿਆਕਰਨ | ਸ਼ਬਦ ਜੋੜ (ਈਸ਼ਵਰ-ਔਖਾ) ਲਿੰਗ (ਜੱਟ-ਹੋਲਦਾਰਨੀ) ਵਚਨ (ਹਾਥੀ-ਕਾਕਾ) ਤਸਵੀਰ ਵਰਨਣ (20 ਸ਼ਬਦਾਂ ਵਿੱਚ) |
| ਲੇਖ | ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਜੀ ਨੂੰ ਜ਼ਰੂਰੀ ਕੰਮ ਦੀ ਛੁੱਟੀ ਲੈਣ ਲਈ ਅਰਜ਼ੀ ਲਿਖੋ। |
| | ਮਈ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-3 ਸਹਿਣਸ਼ੀਲਤਾ ਪਾਠ-4 ਰੋਹਿਤ ਦੀ ਨਵੀਂ ਕਾਰ ਪਾਠ-5 ਜਾਦੂ ਦੀ ਸੋਟੀ |
| ਵਿਆਕਰਨ | ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਉਸਤਾਦ-ਅਕਲ) ਗਿਣਤੀ (1-30) ਸੁਹਾਵਰੇ (1-20) ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ |
| ਲੇਖ | ਪੰਡਤ ਜਵਾਹਰ ਲਾਲ ਨਹਿਰੂ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਜੀ ਨੂੰ ਬਿਮਾਰੀ ਦੀ ਹਾਲਤ ਵਿੱਚ ਛੁੱਟੀ ਲੈਣ ਲਈ ਅਰਜ਼ੀ ਲਿਖੋ। |
| | ਜੂਨ |
| | ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ |
| | ਜੁਲਾਈ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-6 ਸਾਫ਼-ਸਫ਼ਾਈ ਪਾਠ-7 ਛੋਟਾ-ਪਰਿਵਾਰ |

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| ਵਿਆਕਰਨ | ਪਾਠ-2 ਵਰਨ-ਵਿਚਾਰ, ਲਗਾਂ ਅਤੇ ਲਗਾਖਰ ਸ਼ਬਦ-ਜੋੜ (ਕਹਿ-ਮੰਦੀ) ਲਿੰਗ (ਲੇਖਕ-ਖੰਡ) ਵਚਨ (ਅੱਖ-ਵਾਕ) |
| | ਅਗਸਤ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-8 ਧਰਤੀ ਪਾਠ-9 ਧੀਆਂ ਦੀ ਲੋਹੜੀ |
| ਵਿਆਕਰਨ | ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਅਕਾਸ਼-ਆਬਣ) ਗਿਣਤੀ (31-50) ਮੁਹਾਵਰੇ (21-40) ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ ਤਸਵੀਰ ਵਰਨਣ (20 ਸ਼ਬਦਾਂ ਵਿੱਚ) |
| ਲੇਖ | ਤਿਰੰਗਾ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਜੀ ਨੂੰ ਫੀਸ ਮਾਫੀ ਦੀ ਅਰਜ਼ੀ ਲਿਖੋ। |

**ਸਤੰਬਰ - ਦੁਹਰਾਈ
ਛਿਮਾਹੀ ਪਰੀਖਿਆ**

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| | ਅਕਤੂਬਰ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-10 ਬੀਰਬਲ ਦੀ ਸਿਆਣਪ ਪਾਠ-11 ਭਗਤ ਸਿੰਘ ਪਾਠ-12 ਮੋਰ |
| ਵਿਆਕਰਨ | ਪਾਠ-3 ਸ਼ਬਦ ਤੇ ਵਾਕ ਰਚਨਾ |
| ਵਿਆਕਰਨ | ਸ਼ਬਦ-ਜੋੜ (ਸੰਢਾ-ਅਭਿਆਸ) ਲਿੰਗ (ਚਰਖਾ-ਭਠਿਆਰਾ) ਵਚਨ (ਕਵਿਤਾ-ਕੈ) |
| ਲੇਖ | ਦੁਸਹਿਰਾ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਨੂੰ ਜੁਰਮਾਨਾ ਮਾਫੀ ਦੀ ਅਰਜ਼ੀ ਲਿਖੋ। |

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| | ਨਵੰਬਰ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-13 ਈਸ਼ਵਰ ਚੰਦਰ ਵਿੱਦਿਆ ਸਾਗਰ ਪਾਠ-14 ਕ੍ਰਿਸਮਸ ਪਾਠ-15 ਹੰਕਾਰੀ ਹਾਥੀ |
| ਵਿਆਕਰਨ | ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਇਸਤਰੀ-ਸਿਆਣਾ) ਗਿਣਤੀ (51-75) ਮੁਹਾਵਰੇ (41-60) ਤਸਵੀਰ ਵਰਨਣ (20 ਸ਼ਬਦਾਂ ਵਿੱਚ) |
| ਲੇਖ | ਪੰਜਾਬ ਪਿਆਰਾ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਜੀ ਨੂੰ ਆਚਰਨ-ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਅਰਜ਼ੀ ਲਿਖੋ। |
| | ਦਸੰਬਰ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-16 ਵਿੱਦਿਆ ਦਾ ਗਹਿਣਾ ਪਾਠ-17 ਕਸ਼ਮੀਰ |
| ਵਿਆਕਰਨ | ਪਾਠ-16 ਨਾਂਵ |
| ਵਿਆਕਰਨ | ਸ਼ਬਦ-ਜੋੜ (ਅੰਮ੍ਰਿਤ-ਜਿੰਨ) ਲਿੰਗ (ਮਾਲੀ-ਬਾਟੀ) ਵਚਨ (ਰੋ-ਰੁੱ) |
| ਲੇਖ | ਸਵੇਰ ਦੀ ਸੈਰ |
| ਪੱਤਰ | ਆਪਣੇ ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਜੀ ਨੂੰ ਸਕੂਲ ਛੱਡਣ ਦਾ ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਅਰਜ਼ੀ ਲਿਖੋ। |
| | ਜਨਵਰੀ |
| ਪਾਠ-ਪੁਸਤਕ | ਪਾਠ-18 ਕਾਂ ਅਤੇ ਹੰਸ |
| ਵਿਆਕਰਨ | ਪਾਠ- ਕਾਲ |
| ਵਿਆਕਰਨ | ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਕੋਮਲ-ਵਹਿਮ) ਗਿਣਤੀ (76-100) ਮੁਹਾਵਰੇ (61-80) ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ |
| | ਫਰਵਰੀ-ਦੁਹਰਾਈ ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ |

MATHS

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| March | : Knowing our numbers |
| April | : Playing with numbers |
| May | : Basic Geometrical Ideas Revision of Tables from 2 to 12 |
| Periodic Test-I | |
| July | : Understanding Elementary Shapes |
| August | : Integers : Whole numbers : Algebra |
| September | : Revision and Half Yearly Exams |
| October | : Fractions : Decimals |
| November | : Practical Geometry : Symmetry |
| December | : Ratio and Proportion Revision of Tables from 13 to 20 |
| Periodic Test-II | |
| January | : Mensuration : Data Handling |
| February | : Revision and Final Exams |

SCIENCE

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| March | Ch-4 | Sorting materials into groups |
| April | Ch-16 | Garbage in, Garbage out |
| | Ch-3 | Fibre to Fabric |
| May | Ch-9 | The Living Organisms and their Surroundings |
| Periodic Test - I | | |
| July | Ch-10 | Motion and Measurement of Distance |
| | Ch-5 | Separation of substances |
| August | Ch-14 | Water |
| | Ch-11 | Light, Shadows and Reflection |
| September | Revision and Half Yearly Exams | |
| October | Ch-12 | Electricity and Circuits |
| | Ch-15 | Air Around Us |
| | Ch-6 | Changes around us |
| November | Ch-7 | Getting to know Plants |
| | Ch-8 | Body Movements |
| December | Ch-13 | Fun with Magnets |
| Periodic Test-II | | |
| January | Ch-1 | Food- Where does it come from? |
| | Ch-2 | Components of Food |
| February | Revision and Final Exams | |

SOCIAL SCIENCE

Term - I

March

History : Ch.1 What, Where, How and When

April

History : Ch-2 From hunting gathering to growing food

Civics : Ch-1 Understanding diversity

Geography : Ch-1 The earth in the solar system
Assignment

May

History : Ch-3 In the Earliest cities

Civics : Ch-2 Diversity and Discrimination
Ch-3 What is government

Geography : Ch-2 Globe: Latitudes and Longitudes
Assignment

May June Periodic Test

July

Civics : Ch-4 Key elements of a democratic government

Geography : Ch-3 Motions of the earth
Ch-4 Maps
Maps

August

History : Ch-4 What books and Burials tell us
: Ch-5 Kingdoms, Kings and an early republic

Civics : Ch-5 The Panchayati Raj
Assignment

September

Revision and Mid Term Examination

Term - II

October

History : Ch-6 New questions and ideas

: Ch-7 Ashoka, the emperor who gave up war

Civics : Ch-6 Rural administration

Geography : Ch-5 Major domains of the earth

November

History : Ch-9 Traders kings and pilgrims

Civics : Ch-7 Urban administration

Geography : Ch-6 Major Landforms of the earth

Geography : Ch-7 Our country - India
Assignment

December

History : Ch-10 New empire and kingdoms

Civics : Ch-9 Urban livelihoods

Geography : Ch-8 India-Climate vegetation and wildlife

January

History : Ch.8 Vital villages, thriving towns

: Ch-11 Buildings, paintings and books

Civics : Ch-8 Rural livelihoods
Assignment

Maps

February & March

Revision and Final Term Examination

COMPUTER SCIENCE

Book : Cyber Tools - Based on Windows 10 with MS-Office 2016 version

April-May

Theory Chapter-4 Microsoft Excel 2016
Chapter-5 Formulas and Functions
Computer Assignment
Holidays Homework

Practical MS - Excel Lab Activities

July - September

Theory Chapter-8 Introducing Python
Computer Assignment
Revision and Exam

Practical Programs of Python from Notebook and Lab Activities based on Python

Project Work based on Python

October- December

Theory Chapter-6 Log on to Animate CC
Chapter-7 Working with Animate CC
Computer Assignment
Revision

Practical Animate CC-Lab Activities

January

Theory Computer Assignment
Revision

Practical Final Practical using Animate CC

February

Revision and Exam

PHYSICAL EDUCATION SPORTS AND GAMES

March/April A. Introduction of Physical Education
B. Major game - Basketball and Hockey.
C. Fundamental skills of the game
D. Practice of skills
E. Khelo India BMI

May A. Callisthenic exercises
B. Warming up exercises
C. Khelo India flexibility (sit and reach test)

June **Summer Coaching Camp**

July A. Major game - Kho-Kho, Badminton
B. Fundamental skills of game
C. Khelo India speed and strength test (push up (boys) modified pushups for (girls) partial curl ups

August A. Recreational games
B. Minor games
C. Introduction of track and field events
D. Khelo India 50 m Speed Test

September A. Mid Term Gradation
B. Major Game - Cricket
C. Khelo India BMI (weight and height)

October A. Major Game - Football
B. Recreational activities
C. Practice of Fundamental skills of Football
D. Khelo India Endurance test (600 mt run/ walk)

| | |
|-----------------------------|--|
| November | A. Annual Athletic Meet |
| December | A. Major Game : Basketball |
| | B. Practice of fundamental skills of game |
| January | A. Minor Games and Recreational Activities |
| | B. Major Game Hockey and Volleyball |
| February & March | A. Final Gradation |
| | B. Final Examination |

ART & CRAFT

| | |
|------------------|--------------------------|
| April | Colour Wheel |
| | Landscape |
| May | Fruit Composition |
| July | Study of Facial Features |
| August | Portrait |
| September | Bird Study |
| October | Collage on Festival |
| | Cartoon Design |
| November | Slogan Writing |
| December | Christmas Activity |
| January | Flower in Paper Craft |
| February | Revision |
| March | Final Exams |

MORAL SCIENCE

Term-I

| | | | |
|---------------|---|----------|--------------------------|
| March | : | Lesson-1 | The Mango Tree |
| April | : | Lesson-2 | Bravery and Courage |
| May | : | Lesson-3 | Punctuality |
| | | Lesson-4 | How to Be Happy |
| July | : | Lesson-5 | Friendship |
| | | Lesson-6 | Mercy |
| August | : | Lesson-7 | Set Your Goals |
| | | Lesson-8 | Importance of Discipline |

September

Revision and Half Yearly Examination

Term-II

| | | | |
|-----------------|---|--------------------------|---------------------|
| October | : | Lesson-9 | Learning to Confess |
| | | Lesson-10 | Criticism |
| November | : | Lesson-11 | Patience |
| | | Lesson-12 | Forgiveness |
| December | : | Lesson-13 | Character |
| January | : | Lesson-14 | Responsibility |
| | : | Lesson-15 | Self-Confidence |
| February | : | Revision | |
| March | : | Final Examination | |

GENERAL KNOWLEDGE

Term-I

| | | |
|------------------|---|--------------------------------------|
| March | : | Pg (1-5) |
| April | : | Pg (6-12) |
| May | : | Pg (13-20) |
| July | : | Pg (21-28) |
| August | : | Pg (29-38) |
| September | : | Revision and Half Yearly Examination |

Term-II

| | | |
|-----------------|---|--------------------------|
| October | : | Pg (29-44) Pg (45-54) |
| November | : | Pg (55-64) |
| December | : | Pg (65-74) |
| January | : | Pg (75-81) |
| February | : | Revision |
| March | : | Final Examination |

DANCE

April-May

Basic foot steps along with torhey
Chakardaar tukda in teentaal
Knowledge of hasta mudras in beat
(sanyukta hasta mudras)
Prayer dance
Theme dance for earth day

July-Aug

Introduction of salaami
Different types of postures
Folk dances (garba and dandiya)
Emphasis on abhinay darpan
Patriotic theme dance

Sept-Oct

Revision of toras
Motivational dance

Oct- Nov

Western footworks
Prayer dance based on western classical ballet
Tihaai in dugun and tigung
Christmas dance
Choreography for sports day function

Jan – Feb

Prayer dance

Dance drama on motivational themes

Hasta mudras and taalas (teen taal and jhap taal)

Mudras:samdansh, kataka mukh, kamal asan, natraj, abhay, virat swarup, chakradhar, chandrakala, padamakosh, sarpshishya

Recapitulation of all

MUSIC

April& May

Introduction with Basics of Indian Classical Music

Aroh-Avroh of Raga Kalyan

Prayer song in English

10 Alankars Of Indian Classical Music

July & August

Notation of Teen taal

Patriotic song in Hindi

Practice of All Sargams

Taans of Raga Kalyan

Prayer Song in English

Oct. & Dec.

Christmas Carols in English, Hind & Punjabi

Motivational Song in English

Introduction with 12 Swar

Jan. & Feb.

Prayer Song in English

Notation of Raga Kalyan

Revision of All Songs and Alankars