

# **SACRED HEART SR. SEC. SCHOOL**

Bhai Randhir Singh Nagar, Ludhiana

Syllabus for Class-I  
Session 2022-2023

## **FOREWORD**

Sacred Heart School firmly believes in the divine light of knowledge. We strive sincerely to follow the path of “Learn and Enlighten” which is the maxim of our school. We offer co-curricular activities with a holistic approach aiming at developing a strong foundation and individual growth. Our school aims at facilitating learning, guiding, developing skills, conforming to social expectations and building balanced personalities. Keeping in view, the above mentioned standards and abiding by the regulations laid down by CBSE, our school is designed to provide academic challenge within a stimulating and exciting environment. This understanding based approach enables students to make significant academic progress. A unique assignment and testing system have been developed in school at all levels which equips our students to face the more complex and demanding ‘real world’ of the 21<sup>st</sup> century.

## General Instructions

1. Evaluation will be held in the month of May, September, December and February/ March.
2. Attendance will be marked on every Parent Teacher Meet and the children should accompany their Parents in School Uniform only.
3. The School Almanac should be checked and counter signed by the Parents regularly.
4. Label all the belongings of your ward with permanent marker.
5. It is mandatory that one cycling shorts should be there in the bag daily.
6. Ensure that the nails of your ward should be trimmed every Sunday as there will be a regular surprise check.
7. Ensure that the hair (for non-sikh children) should be cut when needed (preferably after 3 weeks) as there will be a regular surprise check. For non-sikh boys, crew cut is mandatory.
8. Neatness of notebooks, books and hand writing will be evaluated in each assessment.
9. Birthday celebrations are not allowed in school. So kindly don't send any gifts in the school for the distribution. In order to inculcate the feelings of empathy in their

ward, the parents should take them to religious place, orphanage, old age home etc. for extending a helping hand to the deprived ones.

10. Lay stress on Spoken English.
- ☆ Parents are requested to follow the rules religiously otherwise their ward's name will be entered in the defaulter's list and it will affect his/her grade in Moral Science exam.

## EVALUATION OF SCHOLASTIC ASPECT : SCHOLASTIC AREAS

All the assessment will comprise of Projects, Assignments, Activities, Class tests/periodic tests, Debate, Class response, Group discussion, Quiz etc. and theory papers. Promotion of students will be based on the day to day work of the students throughout the year and also on the performance in all the assessments

## FOOD MENU

The below mentioned menu is fixed for five days of the week. Parents should follow it strictly.

Days with Nutrients		Menu Recommended
Monday	Milk Day Calcium	Paneer/Cheese vegetable with Parantha, Paneer wrap, Cheese Roll, Cheese sandwich etc.
Tuesday	Green Day Iron/ Vitamins	Green vegetable, Spinach/Fenugreek Parantha, Black Gram(chana) Puri, Sarson da saag & Makki di roti etc.
Wednesday	Rice Day Carbohydrates	Idli, Vada, Veg. pulao, Veg. Fried rice. Veg Poha, Rajma rice etc.
Thursday	Soya Day Proteins	Soya granules/nuggets, Sprouts, Pulses etc.
Friday with Multi Nutrients (Kid's Choice Day)		French Fries, Smileys, Vegetable Burger, Vegetables Cutlets, Vegetable Pasta, Pav Bhaji etc.

Note :-

- ▼ Parents should also send items like dry fruits, fresh fruits, salad for the short break. (Only for U.K.G. and Class-I)
- ▼ Please ensure not to over stuff the Tiffin box or send junk foods like wafers, chips, namkeen, or fill water bottle with soda based soft drinks.

- ▼ It will be appreciated if Parents send only vegetarian food in their ward's Tiffin box. Kindly avoid sending non-vegetarian food (this includes egg also in any form) as Parents can feed their child with non vegetarian food at home.
- ▼ A labelled table napkin and table mat with child's name, class and section should be there in the school bag daily.

## **BOOKS FOR REFERENCE**

<b>English</b>	:	New images class book New images Enrichment Reader New Mastering Grammar
<b>EV.S.</b>	:	Living Science
<b>Maths</b>	:	Active Mathematics Book-1
<b>Computer</b>	:	Cyber Tools 1
<b>M.Sc.</b>	:	Paras Living Values - 1
<b>Art</b>	:	I am an Artist (March-July) Beginners "Art and Craft" (August-February)
<b>Punjabi</b>	:	ਪਾਰਸ ਪੰਜਾਬੀ ਪ੍ਰਵੇਸ਼ਿਕਾ
<b>Hindi</b>	:	गुंजन हिंदी पाठ माला -1

## **ASSESSMENT-1**

**(March, April and May)**

### **ENGLISH**

L-1	My Family (Class book)
L-2	The sun and the Wind (enrichment reader) Reading, dictation words, opposites, make sentences, word meanings, back exercises, Ques/Ans; Seen passage etc.
<b>Grammar</b>	Use of is/am/are Use of This/That/These/Those Composition - My Mother, Singular - Plural (s,es) Underline Nouns Punctuation
<b>Poem</b>	Welcome, Important Rules
<b>Sight words</b>	Again, After, An, Any, Ask, As, Just, Thought, Eight, Know, By, Could, Every, Fly, Cough
<b>Project</b>	<b>Activity (Unseen passage, Object writing, Picture writing)</b>

## Poems

### 1. Welcome

Hip Hip hurray  
It's back to school  
Come in from the park  
Come in from the pool  
Gather your paper, pencils and glue  
There's lot of fun learning  
We are going to do,  
I'll be there to greet you  
With a smile on my face  
You will see that, school  
is a very nice place.

### 2. Important Rules

Here are some rules  
for you and me,  
see how important  
they can be.  
Always be honest  
be kind and fair,  
Always be good  
and willing to share.  
These are rules  
We all should know,  
We follow these rules  
Wherever we go.

## E.V.S.

Lesson-1 A green world  
Lesson-3 The animal world

**Project Activity (Lesson-2 Food from plants)**

## MATHS

1. Number Names (0-50)
2. Write numerals for the number names (0-50)
3. Numerals (1 – 400)
4. Successor (1-400)
5. Predecessor (1-400)
6. Put the sign <, =, > (1-400)
7. Encircle the smallest number (1-100)
8. Ascending order (1-100)
9. Simple Sums of Addition (2 digits)
10. Table of 2 ,3,4 and 5 (Mixed Tables)
11. Even numbers (0-100)
12. Expand and write (Tens and ones)

### Project Activity Mental Maths

## MORAL SCIENCE

**Lesson-1** Being Honest

**Lesson-2** Love for Family

### I. Question - Answer

Q1. Who always enjoys life ?

Ans An honest person always enjoys life.

Q2. Why do people tell lies?

Ans People tell lies because they are afraid of telling the truth.

Q3. Should you take things belonging to others?

Ans. No, we should not.

Q4. Tell one quality of an honest person ?

Ans. An honest person never lies.

Q5. Name a leader who is known for his truthfulness.

Ans. Mahatma Gandhi.

### **L-2 love for family**

Q1. Where did Sharwan's parents want to go ?

Ans. They wanted to go on pilgrimage.

Q2. Whose parents were blind ?

Ans. Sharwan Kumar's parents were blind.

Q3. How did Shrawan Kumar express his love for his parents?

Ans. He expressed his love by obeying his parents.

Q4. What is a family ?

Ans. Parents and their children are called a family.

Q5. What do our parents give us ?

Ans. They give us all that we need.

Q6. What creates a happy family ?

Ans. Love creates a happy family.

Q7. Why do our parents earn money ?

Ans. Our parents earn money for our comforts.

### **CONVERSATION & G.K**

Q1. Which is the largest desert of the world ?

Ans. Sahara Desert

Q2. Name three National festivals.

Ans. a) Republic Day    b) Independence Day

c) Gandhi Jayanti

Q3. How many hours are there in a day?

Ans. 24 hours

Q4. How many days are there in a year?

Ans. 365 days.

Q5. How many letters are there in English alphabet?

Ans. 26 alphabets.

Q6. Who are you?

Ans. I am a girl/ boy. My name is \_\_\_\_\_

Q7. How are you doing?

Ans. I am doing good.

Q8. Which is your favourite colour?

Ans. \_\_\_\_\_ is my favourite colour.

Q9. Which is your favourite game?

Ans. \_\_\_\_\_ is my favourite food.

Q10. How many siblings do you have?

Ans. I have \_\_\_\_\_./ No I don't have.

Q11. What type of food should we eat ?

Ans. We should eat fresh and healthy food

## ਪੰਜਾਬੀ

1. ਵਰਨਮਾਲਾ (ੳ - ਣ)
2. ਅਗਲਾ ਅੱਖਰ ਲਿਖੋ (What comes after)
3. ਕ੍ਰਮ ਅਨੁਸਾਰ ਮਿਲਾਉ (Match the following)
4. ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ (Picture writing)
5. ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਉ (Circle the correct letter)
6. ਬੋਲ ਲਿਖਤ (ਡਿਕਟੇਸ਼ਨ) (Dictation)

### Punjabi Oral

7. Reading : ੳ - ਣ
8. ਕਵਿਤਾ : ਆਪਣਾ ਘਰ (pg.45 from Book)  
ਕੁਦਰਤ  
ਕਿਧਰੇ ਜੰਗਲ ਕਿਤੇ ਪਹਾੜ।  
ਕਿਧਰੇ ਨਦੀਆਂ ਕਿਤੇ ਉਜਾੜ।  
ਕਿਧਰੇ ਪੰਛੀ ਚੀਂ ਚੀਂ ਗਾਉਂਦੇ।  
ਫੁੱਲ ਅਸਾਡੇ ਮਨ ਨੂੰ ਭਾਉਂਦੇ।  
ਕਿਧਰੇ ਸੂਰਜ, ਚੰਦ ਤੇ ਤਾਰੇ।  
ਵਾਹ ਕੁਦਰਤ ਦੇ ਰੰਗ ਨਿਆਰੇ।

### Project Activity (Topics will be given)

## HINDI

- ਪਾਠ - ਬਸ ਆਈ, ਫਾਵਤ, ਸਿਤਾਰ ਬਜਾ  
ਪਾਠ੍ਯ ਪੁਸਤਕ ਪਠਨ (Reading)  
ਮਾਤਾ ਚਿਹ੍ਨ  
ਆ ਕੀ ਮਾਤਾ, ਝ (ਿ) ਕੀ ਮਾਤਾ  
ਮਾਤਾਓਂ ਕੇ ਸ਼ਬਦ, ਸ਼੍ਰੁਤਲੇਖ, ਸ਼ਬਦ ਜੋੜ, ਚਿਤ੍ਰ ਲੇਖਨ,

ਆ ਯਾ ਝ ਕੀ ਮਾਤਾ ਲਗਾਕਰ ਸ਼ਬਦ ਪੂਰੇ ਕਰੋ,  
ਰੰਗਾਂ ਕੇ ਨਾਮ, ਸ਼ਬਦ-ਅਰਥ, ਵਾਕ੍ਯ ਬਨਾਓ, ਸੰਜਾ, ਗਿਨਤੀ।

### Project

### Activity (Topic will be given)

#### ਕਵਿਤਾ

### ਪ੍ਰਭੂ ਵੰਦਨਾ

ਪ੍ਰਭੂ ਹਮਾਰੀ ਸੁਨੋ ਪੁਕਾਰ,  
ਹਮ ਬਚ੍ਹਾਂ ਕੋ ਦੇ ਦੋ ਪ੍ਧਾਰ  
ਹਮ ਤੇਰੇ ਬਾਲਕ ਅਨ੍ਯਾਨ  
ਹਮਕੋ ਨਹੀਂ ਜ਼ਰਾ ਭੀ ਜ਼ਾਨ  
ਸੁਨਦਰ ਦੇ ਦੋ ਹਮਕੋ ਸੀਖ,  
ਹਾਥ ਜੋੜਕਰ ਮਾਂਗੇ ਭੀਖ  
ਸਚ੍ਯਾ ਪਥ ਹਮਕੋ ਦਿਖਲਾਓ  
ਦੋ ਵਿਦ੍ਯਾ ਵਿਦ੍ਵਾਨ ਬਨਾਓ।।

### ਕਵਿਤਾ ਪੜ੍ਹਾਓ ਆਲ੍ਹ ਕਾ (from book page number 19)

## ART & CRAFT

### March-April

1. Colouring Book "I am an Artist"
2. Introduction with colours and shapes
3. Activity on Baisakhi and Earth Day
4. Shading of the Trees
5. Paper folding 'Tree'

### May

1. Colouring Book "I am an Artist"
2. Draw a cat scene
3. Activity on Mother's Day
4. Paper folding 'Bird'

## PHYSICAL EDUCATION

1. Introducing of Physical Education
2. Making Straight Line
3. Walk in Line
4. Introducing of attention and stand at ease.
5. Recreational activity
6. Making a straight line according to the height
7. How to take one arm distance
8. .Introduction of free hand exercises
9. Minor Game
10. Khelo India BMI
11. Khelo India balance(flamingo test)

Summer Coaching Camp

## COMPUTER SCIENCE

Introduction to MS-Word

Typing - using the keys (Enter, Backspace & Spacebar), changing the colour, font size and style.

- |           |                         |
|-----------|-------------------------|
| Chapter-1 | Computer.....My Friend  |
| Chapter-2 | Computer..... A Machine |
| Chapter-3 | Uses of a Computer      |

## LANGUAGE SKILL

### Theory

: 1. Phonetic sounds of letters “A-Z”

2. Words with the sound of

a) A-1, A-2, A-3, A-4 & A-5

b) C-1 & C-2

c) E-1 & E-2

### Practical:

(i) Level-1, Unit-1 Activity-2

(ii)Level-1, Unit-3, Activity-4

**Assessment-1 (of all the subjects except Language skill & Computers) will be conducted in the month of May**



# ASSESSMENT-2

(July, August & September)

## ENGLISH

L-3 The Little Mice and the big Elephants  
(enrichment reader)

L-2 Rani's first day at school (class book)

L-3 I want a garden(class book)

Reading, dictation words, opposites, make sentences, word meanings, back exercises, Ques/Ans; Seen passage etc.

### Grammar

Underline nouns

Use of is / am / are

Prepositions

Singular/Plural (s, es)

Composition - My Teacher, Punctuation

Change the gender

Pronouns (he, she, it)

### Poem

What Are Grandmas for,

Manners

### Project

**Activity (Picture writing, unseen passage, object Writing)**

### Sight words

Give, Were, Going, Had, Has, Her, Him, His, How, Let, Live, Thank, Them

## Poems

### 1. What Are Grandmas For?

Pg 71 of Class Book

### 2. Manners

We say thank you

We say please

We don't interrupt or tease

we don't argue

We don't fuss

We listen when folks talk to us

We share our toys

And take our turn

Good Manners are not

too hard to learn

It's really easy, when you find

Good manners means

JUST BEING KIND

## E.V.S

Lesson-4 Food and shelter for animals

Lesson-5 My Body

Lesson-6 Our needs

### Project

**Activity (Lesson 7 Keeping Fit)**

## MATHS

1. Number Names (0-100)
2. Write numerals for the number names (0 – 100)
3. Numerals (1-500)
4. What comes in between (1-500)
5. Put the sign < = > (1-500)
6. Encircle the smallest no. (1-500)
7. Geometrical shapes (Horizontal line, Vertical line, Square and Rectangle)
8. Tables of 6 (2 to 6) (Mixed tables)
9. Ascending order (1-500)
10. Simple Sums of Subtraction
11. Odd Numbers (1-100)
12. Successor (1- 500)
13. Predecessor (1- 500)
14. Expand and write (Tens and ones)
15. **Project Activity** Mental Maths

## MORAL SCIENCE

### Lesson-3 Being Clean and Tidy

**Q1.** What did Raman love?

Ans. He loved cleanliness.

**Q2.** Why did they never study at Aman's place?

Ans. As he kept his room dirty and untidy.

**Q3.** Who inspires us the most to be disciplined?

Ans. Defence personnel and other well-disciplined people.

**Q4.** When do we become unwell ?

Ans. We become unwell when germs enter our body.

**Q5.** What does clean and tidy things look?

Ans. They look attractive and beautiful.

**Q6.** Give one way to keep yourself clean?

Ans. By bathing / brushing / wearing clean clothes.

**Q7.** What will happen if we keep our surroundings dirty ?

Ans. We will be sick.

### 1. Prayers

a. School Prayer

b. Prayer after class

### 2. National anthem

### L - 4 Love for neighbours

**Q1.** How did Anil help the old man ?

Ans. Anil helped the old man by giving him fruits everyday.

**Q2.** Who lived in Anil's neighbourhood ?

Ans. An old man lived in his neighbourhood.

**Q3.** Who are our neighbours ?

Ans. People living near our house are called our neighbours.

**Q4.** How should we behave with our neighbours ?

Ans. We should be friendly with them.

**Q5.** When do neighbours help us ?

Ans. Our neighbours help us in times of need and emergency

## 1. Prayer

Prayer for a sick person

Dear God help me

To think of words to say,

To cheer and comfort,

A sick person everyday

## 2. My Pledge

### CONVERSATION & G.K

**Q1.** How many National symbols do we have?

**Ans.** 17 symbols.

**Q2.** Name the National :-

**Ans.** a) **Flag** – Tiranga

b) **Song** – Vande Mataram

c) **Fruit** – Mango

d) **River** – Ganga

e) **Animal** – Royal Bengal Tiger

f) **Tree** – Indian Banyan Tree

g) **Aquatic animal** – River Dolphin

h) **Bird** – Peacock

i) **Currency** – Rupee

j) **Reptile** – King Cobra

k) **Flower** – Lotus

l) **Vegetable** – Pumpkin

m) **Game** – Hockey

n) **Heritage animal** – Indian elephant

**Q3.** Which school are you in?

**Ans.** I am in Sacred Heart Senior Secondary School.

**Q4** What grade are you in?

**Ans** I am in grade - I

**Q5** What is your teacher's name ?

**Ans.** My teacher's name is \_\_\_\_\_

**Q6.** Which subjects are you studying in school?

**Ans.** English, Maths , Environmental studies, Hindi, Punjabi.

**Q7.** What is the name of your parents?

**Ans.** My father's name is \_\_\_\_\_

My mother's name is \_\_\_\_\_

**Q8.** What is your hobby ?

**Ans.** My hobby is \_\_\_\_\_

### ਪੰਜਾਬੀ

#### Punjabi Written

1. ਵਰਨਮਾਲਾ ( ਤ-ਲ)
2. ਅਗਲਾ ਅੱਖਰ ਲਿਖੋ (What comes after)
3. ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ (Picture writing)
4. ਬੋਲ ਲਿਖਤ (Dictation)
5. ਮੁਕਤਾ ਸ਼ਬਦ (2 ਅੱਖਰ)
6. ਸ਼ਬਦ ਨਾਲ ਮਿਲਾਓ
7. ਸ਼ਬਦ ਜੋੜ (ਦੋ ਅੱਖਰ)
8. ਵਰਨਮਾਲਾ (ਓ-ਲ)

9. Reading : (ई-ल)

10. कविता - साडा डारड (Pg.48 from Book)

मां दीआं लोरीआं (Pg. 50 from Book)

**Project Activity (Topics will be given)**

### HINDI

पाठ -

गीता और वाणी

गुड़िया की चुनरी

तरबूज का रस

पाठ्य पुस्तक पठन (Reading)

ई, उ, ऊ की मात्राएँ

मात्राओं के शब्द, श्रुतलेख, चित्र लेखन, उचित मात्रा लगाओ, फलों के नाम, शब्द जोड़, संज्ञा, शब्द-अर्थ, वाक्य बनाओ, वर्ण के साथ मात्रा चिह्नों का प्रयोग

**Project Activity (Topic will be given)**

### हिंदी कविता

मेरा घर

मेरा घर है कितना प्यारा,

सबसे अच्छा सबसे न्यारा।

माँ बापू हैं मुझे पढ़ाते,

शिक्षा देकर ज्ञान बढ़ाते।

खेल कूद का रखते ध्यान,

लाकर देते हैं सामान।

करता हूँ मैं खूब पढ़ाई,

इसमें होती नहीं ढिलाई।

माँ कहती है राजदुलारा,

पापा को लगता हूँ प्यारा।

अच्छा उसका बनता जीवन,

जिस घर में होता अनुशासन।

### ऐ वतन

ऐ वतन तुझको नमन,

सौ-सौ बार मैं करता हूँ

तेरी खातिर मिट जाऊँ

ये वादा मैं करता हूँ

तेरी गंगा का पानी पीकर

जय हिन्द, जय हिन्द करता हूँ

बार-बार जन्म लूँ भारत में,

विनती मैं यह करता हूँ

ऐ वतन तुझको नमन,

सौ-सौ बार मैं करता हूँ।

### ART & CRAFT

#### July

1. Colouring Book "I am an Artist"
2. Draw Flowers and Butterflies
3. Activity on Environment Week
4. Paper folding 'Purse'

#### August

1. Colouring Book "I am an Artist"
2. Draw an Elephant Scene

3. Activity on Rakhi and Independence Day
4. Paper folding 'Dog'

### September

1. Colouring book "Beginner's Art and Craft"
2. Draw a Fish scene
3. Activity on Expressions
4. Paper folding 'Boat'

### PHYSICAL EDUCATION

1. Revision of previous work
2. Free hand exercises
3. Khelo India coordination (plate tapping test)
4. Practice of P.T. exercises
  - I. Jogging
  - II. Walking in straight line
5. Minor Game (River Bank)
6. Khelo India BMI
7. Recreational activities
8. Checking of cleanliness
9. Revision of first and second exercise

Note: Mid Term grading will be done

### COMPUTER SCIENCE

Typing in MS-Word Sentence building Using different fonts (using bullets)

Picture insertion, Opening of app and saving the files

Chapter-4 Parts of computer

Chapter-5 The Keyboard

Chapter-6 Using a Mouse

Computer Assessment on M.S. Word

### LANGUAGE SKILL

#### Theory

- :
1. Words with the sound of "G-1& G-2"
  2. Words with the sound of "I-1& I-2"
  3. Words with the sound of "U-1,U-2 & U-3"
  4. Words with the sound of "Y-1,Y-2 & Y-3"
  5. Words with the sound of long "æ-1& 2"

#### Practical

- :
- (i) Level-1, Unit-11 Activity-1
  - Level-1, Unit-7, Activity-1

**Assessment-2 (of all the subjects including Language skill & Computers) will be conducted in the month of September**

# ASSESSMENT-3

(October, November & December)

## ENGLISH

L-5 The Three Billy Goats Gruff (enrichment reader)

L- 5 Vayu, the wind (Class book)

L-7 Happy Feet (Class book)

Reading, dictation words, opposites, make sentences, word meanings, back exercises, Ques /Ans; Seen passage etc.

### Grammar

Underline Nouns

Use of was/were

Use of a / an, Composition - My School Conjunctions

Singular/Plural (s, es, ies)

Punctuation

Adjective (Choose and fill)

### Poem

Closing verse

How Many Seconds in a Minute ?

### Project

**Activity (Object Writing, unseen passage, Picture writing)**

**Sight words** May, Of, Old, Once, Bowl, Open, Over, Put, Round, Some, Stop, Take, Then, Think, Walk

## POEMS

### 1. Closing Verse

Our work is done, our day is past,

We'll go our separate ways.

And I will hold so tight and fast

What I have learned today.

I've given with my heart and mind

The effort that it needs.

And I will strive in me to find,

Good thoughts, good words, good deeds.

### 2. How Many Seconds in a Minute ?

Pg 91 of class book

## EVS

Lesson-8 Safety First

Lesson-10 We Need Air

### Project

**Activity (Lesson-9 Good Habits)**

## MATHS

1. Number Names (1-150)

2. Write numerals for the number names (1-150)

3. Numerals (1-600)

4. Encircle the biggest no. (1-100)
5. Descending order (1-100)
6. Sums of Addition (carry forward) and Sums of Subtraction
7. Table of 7 (2 to 7) (Mixed Tables)
8. Any series of Even numbers and Odd numbers (0-100)
9. Single digit multiplication sums (up to table of 7)
10. Shapes Circle and Triangle
11. Expand And write (Hundreds ,Tens and Ones)

**Project Activity** Mental Maths

### MORAL SCIENCE

#### Lesson-5 Being cheerful

- Q1.** Was the owner of the sweet shop honest?  
 Ans. No ,he was not honest.
- Q2.** What was the owner ashamed of?  
 Ans. He was ashamed of his dishonesty.
- Q3.** What does a cheerful child look like ?  
 Ans. A cheerful child looks energetic and active.
- Q4.** What does sad child look like ?  
 Ans. A sad child looks dull and lazy.
- Q5.** What should we always carry on our face?  
 Ans. We should always carry a smile on our face.
- Q6.** What does a smile cost?  
 Ans. A smile cost nothing.

#### L- 6 Love for nature

- Q1.** Why is nature like our mother?  
 Ans. Nature is like our mother as it fulfills all our needs.
- Q2.** Which is the best gift given to us by God?  
 Ans. Nature is the best gift given to us by God.

- Q3.** What is our duty towards nature?  
 Ans. It is our duty to save nature for ourselves.
- Q4.** Who inspired us to save trees?  
 Ans. Sunderlal Bahugana
- Q5.** From where do we get oxygen?  
 Ans. We get oxygen from trees.
- Q6.** How can you help birds?  
 Ans. By giving them grains and water.
- Q7.** Should we cut trees?  
 Ans. No ,we should not.

#### 1. Prayer

##### Prayer for the day

Father, keep me good today  
 Make me helpful, kind and gay  
 Keep me cheerful when I play  
 Make me anxious to obey. Amen

#### 2. School Anthem (First Paragraph)

### CONVERSATION & G.K

- Q1.** When we feel hungry which part of our body feels empty?  
**Ans.** Stomach
- Q2.** On which part of our body do we wear a watch?  
**Ans.** The wrist
- Q3.** Who was the first man to step on the moon?  
**Ans.** Neil Armstrong
- Q4.** Which is the fastest land animal?  
**Ans.** Cheetah
- Q5.** Which tree gives us chocolate?  
**Ans.** Cacao tree
- Q6.** Which goes faster walking or running?  
**Ans.** Running

- Q7.** What does a caterpillar turn into?  
**Ans.** Butterfly
- Q8.** What should you say when you interrupt someone?  
**Ans.** Excuse me please.
- Q9.** What are the three magical words?  
**Ans.** Sorry , Please , Thank you
- Q10.** What should you say when you want to enter the class?  
**Ans.** May I come in Ma'am.
- Q11.** What should you say when you want to drink water from your water bottle ?  
**Ans.** May I drink water from my water bottle.

### ਪੰਜਾਬੀ

#### Punjabi Written

1. ਮੁਕਤਾ ਸ਼ਬਦ (ਦੋ, ਤਿੰਨ ਅੱਖਰਾਂ ਵਾਲੇ)
2. ਸ਼ਬਦ ਜੋੜ
3. ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ
4. ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਉ (Choose and Circle the correct word)
5. ਬੋਲ ਲਿਖਤ (ਡਿਕਟੇਸ਼ਨ)
6. ਸਹੀ ਸ਼ਬਦ ਚੁਣੋ (M.C.Q.)

#### Punjabi Oral

Reading : ਮੁਕਤਾ ਸ਼ਬਦ (ਦੋ, ਤਿੰਨ ਅੱਖਰਾਂ ਵਾਲੇ) (Pg No. 20 and 21)

**Poem** ਮੌਸਮ (Pg no. 55)

ਪਾਣੀ

ਪਾਣੀ

ਰਿਮਝਿਮ-ਰਿਮਝਿਮ ਵਸਿਆ ਪਾਣੀ  
ਗਰਮੀ ਦੀ ਹੋਈ ਖਤਮ ਕਹਾਣੀ।

ਦੇਖ ਸਾਰੇ ਜੀਵ ਨਹਾਉਂਦੇ  
ਪੇੜ ਪੌਦੇ ਵੀ ਮੁਸਕਰਾਉਂਦੇ  
ਨੱਚਿਆ ਮੋਰ ਤੇ ਸਭ ਭੰਗੜੇ ਪਾਏ  
ਗਰਮੀ ਜੀ, ਹੁਣ ਬਾਏ-ਬਾਏ।

### HINDI

ਪਾਠ

- ਸ਼ੇਰ ਦੀ ਫਹਾੜ, ਮੈਨਾ ਤੜ ਗਈ  
ਪਾਠਯ ਪੁਸਤਕ ਪਠਨ (Reading)  
ਏ ਦੀ ਮਾਤਰਾ ਤਥਾ ਏ ਦੀ ਮਾਤਰਾ  
ਮਾਤਰਾਓਂ ਦੇ ਸ਼ਬਦ, ਸ਼ੁਰੂਲੇਖ, ਸ਼ਬਦ-ਜੋੜ, ਚਿੱਤਰ ਲੇਖਨ, ਉਚਿਤ  
ਮਾਤਰਾ ਲਗਾਓ, ਖਾਲੀ ਸਥਾਨ ਭਰੋ, ਸਭਿਯੋਂ ਦੇ ਨਾਮ,  
ਸ਼ਬਦ-ਅਰਥ, ਵਾਕਯ ਬਨਾਓ, ਸਰਵਨਾਮ, ਵਚਨ ਬਦਲੋ

#### Project Activity (Topic will be given)

ਕਵਿਤਾ

ਬਰਖਾ ਰਾਨੀ [from book (Page No. 80)]

ਝੰਡਾ

ਤੀਨ ਰੰਗ ਕਾ ਅਪਨਾ ਝੰਡਾ,  
ਹਮ ਝੰਡਾ ਫਹਰਾਤੇ ਹੈਂ,  
ਇਸੇ ਤਿੰਨਗਾ ਕਹਾਤੇ ਹੈਂ ਹਮਥ  
ਇਸਕਾ ਗਾਨਾ ਗਾਤੇ ਹੈਂ।

ਇਸੇ ਦੇਖਕਰ ਹਮ ਸਭ ਬਚ੍ਹੇ,  
ਕਿਤਨੇ ਖੁਸ਼ ਹੋ ਜਾਤੇ ਹੈਂ,  
ਇਸ ਝੰਡੇ ਕੋ ਹਮ ਸਭ ਬਚ੍ਹੇ,  
ਅਪਨਾ ਸ਼ੀਸ਼ ਝੁਕਾਤੇ ਹੈਂ।



## ART & CRAFT

### October

1. Colouring book "Beginner's Art and Craft"
2. Draw a Rabbit Scene
3. Activity Thumb painting
4. Paper folding 'Hut'

### November

1. Colouring book "Beginner's Art and Craft"
2. Draw a Turtle Scene
3. Activity on Diwali
4. Paper folding 'Whale Fish'

### December

1. Colouring book "Beginner's Art and Craft"
2. Draw a Kite Flying scene
3. Activity on Christmas
4. Paper folding 'Joker'

## PHYSICAL EDUCATION

1. Practice of Annual Athletic Meet Events
2. Khelo India speed test
3. Revision of 1,2 & 3 exercise PT
4. Participations for the Athletic Meet
5. Practice of marching in two lines
6. Practice of all exercises
7. Minor Game
8. Revision of all exercises
9. Run for Fun
10. Preparation of Annual Athletic Meet

## COMPUTER SCIENCE

- MS-Paint: To create different scene using of colour box, paint bucket & shapes, opening of app & saving the files.
- Chapter-7 Drawing with a computer
- Chapter-9 Storage in a computer.
- Assessment on MS-Paint

## LANGUAGE SKILL

- Theory** :
1. Words with the four sounds of "oo"
  2. Words with the sound of Long "O-1 & 2"
  3. Words with the sound of Ch-1, Ch2 & Ch-3
  4. Words with the sound of 'Ph'
- Practical** :
- (i) Level-1, Unit-9 Activity-3
  - (ii) Level-1, Unit-8, Activity-4

**Assessment-3 of all the subjects except Language skill & Computers) will be conducted in the month of December**

# ASSESSMENT-4

(January and February)

## ENGLISH

L-7	The Little Pink Rose (enrichment reader)
L- 8	The musicians of Bremen(enrichment reader)
L-9	Who will be the king(class book)
L-11	Friends in need (class book)
	Reading, Dictation words, opposites, make sentences, word meanings, back exercises, Ques/ Ans; Seen passage etc.
<b>Grammar</b>	Underline nouns Punctuation
Composition -	Importance of Sports, Verb (underline verb) Singular/Plural (s,es,ies,ves) Use of a / an Conjunctions Use of Has/Have
<b>Poem</b>	Changing Seasons, Little Folks in the Grass
<b>Sight words</b>	When, Where, Which, Key, Sky, What, Why,Knife, Wrinkle, How
<b>Project Activity</b>	(unseen passage, picture writing, Object writing)

## POEMS

### 1. Changing Seasons

Summer winter and the rain  
Makes a yearly seasonal chain.  
Some months are hot,  
Some months are cold,  
It is cold in the mountains,  
And warm in the plains.  
And when it is monsoon ,  
There is thunder and rain.

### 2. Little Folks in the Grass

Pg 30 of Class book

## EVS

Lesson-11	We need water
Lesson-12	How is the weather? (Assignment form)
Lesson-13	Up in the sky
<b>Project Activity</b>	( Lesson-14,Going to the moon )

## MATHS

1. Number Names (upto 200)
2. Write numerals for the number names (upto 200)
3. Numerals (upto 700)
4. Time
5. Mixed tables from 2 to 7
6. Simple sums of division (  $\div$  )
7. Descending Order (1-700)
8. Problem sums of addition and subtraction
9. Sums of multiplication
10. Sums of addition (carry forward ) and sums of subtraction (borrow)

**Project Activity** Mental Maths

## MORAL SCIENCE

### Lesson-7 My Best Friend

- Q1. What did the boy grow on his birthday?  
Ans. He grew a rose plant.
- Q2. What does the plant bear?  
Ans. It bears beautiful roses.
- Q3. How did the boy treat the rose plant as?  
Ans. He treated it as his best friend.

### L-8 Love for God

- Q1. What did the king pray to God?  
Ans. He prayed to God to save him.
- Q2. How was he saved?  
Ans. He was saved due to spider's web.

- Q3. Why is God powerful?  
Ans. God is powerful because he is the creator of the whole world.
- Q4. Who gives us the power to overcome difficulties?  
Ans. God gives us the power to overcome difficulties.
- Q5. Why should we pray to God?  
Ans. We should pray to God for wisdom and strength.
- Q6. Whom do we give status of God?  
Ans. We give our teachers and parents the status of God.

### 1. Prayer

#### Prayer of offering

O' God I offer today  
All I think or do or say  
At home, at school and at play - Amen

### 2. School Anthem (Second paragraph)

## CONVERSATION & G.K

- Q1. What is the horn of rhinoceros made of ?  
Ans. Hair
- Q2. Which is the longest man made structure in the world?  
Ans. Great Wall of China.
- Q3. Which state is called the land of five rivers ?  
Ans. Punjab.
- Q4. Which is the holy book of -  
Ans. a) Hindus – Bhagvad Gita  
b) Sikhs - Guru Granth Sahib  
c) Muslims – Quran  
d) Christians – The Bible

- Q5. What is the motto of our national emblem ?  
 Ans. Satyameva Jayate.  
 Q6. Who wrote the national anthem?  
 Ans. Rabindra nath Tagore.  
 Q7. How can you greet someone?  
 Ans. We greet someone by saying Good morning / Good afternoon / Good evening.  
 Q8. Which is your favourite day ?  
 Ans. \_\_\_\_\_ is my favourite day. .  
 Q9. How can we save the environment ?  
 Ans. We should grow more trees to save the environment.  
 Q10. Where do you like to play?  
 Ans. I like to play in the park / the playground / my friend's place

### ਪੰਜਾਬੀ

- (4) ਅੱਖਰ ਮੁਕਤਾ ਸ਼ਬਦ, ਕੰਨਾ ਮਾਤਰਾ (r)
- ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ (Fill ups)
- ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ (Picture writing)
- ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਉ (Circle the correct word)
- ਬੋਲ ਲਿਖਤ (Dictation)
- ਸ਼ਬਦ ਜੋੜ
- ਫਲਾਂ ਦੇ ਨਾਮ
- ਸਬਜ਼ੀਆਂ ਦੇ ਨਾਮ
- ਸਹੀ ਸ਼ਬਦ ਚੁਣੋ (M.C.Q.)

### Punjabi Oral

10. ਕਵਿਤਾ : ਤਿਰੰਗਾ ਪਿਆਰਾ (Pg.55 from Book)  
 ਬੀਬੀ ਬੱਚੀ (Pg.46 from Book)

12. Reading: ਮੁਕਤਾ ਸ਼ਬਦ (Pg. 20-22 from Book)  
 ਕੰਨਾ ਮਾਤਰਾ ਸ਼ਬਦ (Pg. 23-25 from Book)

### Project Activity (Topic will be given)

### HINDI

पाठ- तोता और मोर, लौकी की बेल  
 पाठ्य पुस्तक पठन (Reading)  
 ओ की मात्रा तथा औ की मात्रा  
 मात्राओं के शब्द, श्रुतलेख, चित्रलेखन, उचित मात्रा लगाओ,  
 शब्द-जोड़, प्रश्न-उत्तर, वाक्य बनाओ, लिंग बदलो, विलोम  
 शब्द, क्रिया, विराम चिह्न, शब्द-अर्थ

### Project Activity (Topic will be given)

### कविता

### मैडम

मैडम हमारी कितनी प्यारी  
 लगती है वो सबसे प्यारी  
 लाड़-प्यार से हमें पढ़ाती  
 सच्ची राह हमें दिखलाती।  
 मैडम का है सबको कहना,  
 अनपढ़ बनकर कभी न रहना।  
 पढ़ लिखकर होशियार बनो तुम,  
 जग में अपना नाम करो तुम।

## सीखो

फूलों से नित हँसना सीखो,  
भौरों से नित गाना।  
पेड़ की झुकी डालियों से,  
सीखो शीश झुकाना।  
सूरज की किरणों से सीखो,  
जगना और जगाना।  
लता और पेड़ों से सीखो,  
सबको गले लगाना।  
जलधारा से सीखो आगे,  
जीवन पथ में बढ़ना,  
और धुएँ से सीखो हरदम,  
ऊँचे ही पर चढ़ना।

## ART & CRAFT

### January

1. Colouring book "Beginner's Art and Craft"
2. Draw a Snowman scene
3. Activity on Republic Day

### February

1. Colouring book "Beginner's Art and Craft"
2. Draw a Boat Race scene
3. Activity - Book mark

## PHYSICAL EDUCATION

1. Revision of previous work
2. Introduction of warm up exercise

3. Recreational activities
4. Minor Game
5. Practice of turning movements (Left, Right, About turn etc.)

Note: Final grading will be done

## COMPUTER SCIENCE

Revision of MS-Word & MS-Paint  
Inter class activity

## LANGUAGE SKILL

**Theory** : 1. Words with the sound of "tion"  
2. Words with the sound of "ture"

**Practical** : (i) Level-1, Unit-9 Activity-4

Revision of all the topics done

**Assessment-4 (of all the subjects including Language skill & Computers) will be conducted in the month of February**

## DANCE

1. A brief history of Kathak
2. Double Hand gestures
3. Amad and todas
4. Hand tutting
5. Bollywood and semi-classical dance

**ACTIVITIES FOR THE SESSION (2022-23)**  
**(K.G.Block)**

<b>March</b>	Submission of books Commencement of the new session
<b>April</b>	World Health Day Baisakhi Activity Earth Day
<b>May</b>	Labour's Day Mother's Day Celebration
<b>July</b>	Save Environment Activity
<b>August</b>	Independence Day Celebration
<b>September</b>	Teacher's Day Celebration
<b>October</b>	Diwali Celebration Annual Athletic Meet
<b>November</b>	Children's Day Celebration
<b>December</b>	Christmas Celebration
<b>January</b>	Republic Day Celebration Annual Prize Distribution Function

**COMPETITIONS FOR THE SESSION (2022-23)**  
**Class - Ist**

<b>Day/Date</b>	<b>Competition</b>
<b>April</b>	<b>English Poem Compt.</b> <b>(out of syllabus with a theme)</b>
<b>May</b>	<b>Tapping Toes Compt. (Sec.A, B, C, D)</b> <b>Tapping Toes Compt. (Sec.E,F,G)</b>
<b>August</b>	<b>Mimicry Compt.</b> <b>(Punjabi/Hindi)</b>
<b>August</b>	<b>Spell Bee Compt. on Computers</b> <b>Write max. words in 5 min)</b>
<b>September</b>	<b>Drawing &amp; Colouring</b> <b>Compt. (Any scene with</b> <b>theme of your choice)</b>
<b>October</b>	<b>Declamation Contest</b> <b>(Topics will be given)</b>
<b>October</b>	<b>English &amp; Hindi Calligraphy</b> <b>(Paragraph Writing)</b>
<b>January</b>	<b>Poem Elocution (Interclass compt.)</b>
<b>January</b>	<b>Quiz Contest</b>